



Sailing instructions



35th Ionian International Sailing Week 2025



August 4 - August 10, 2025

Sponsors





The notation "[DP]" in a rule means that the penalty for violation of that rule may, at the discretion of the Protest Committee, be less than a disqualification.

The notation "[NP]" in a rule means that a boat may not protest against another boat for a violation of that rule. This amends RRS rule 60.1.

The abbreviation "PPA" means Notice of Race and the abbreviation "RP" means Sailing Instructions.

1. RULES

1.1 The race is governed by *the rules* set out in paragraph 4 of the Notice of Race, with any changes mentioned in the Sailing Instructions.

1.2 In accordance with **World Sailing Test Rule DR21-01 "Alternative Starting Penalty"**, the definition of *Starting* is changed as follows:

"*Start*. A boat is started when, having had her hull entirely on the pre-starting side of the start line, and having complied with rule 30.1 if applicable, any part of his hull crosses the start line from his pre-start side to his course side either (a) at or after his start signal, or (b) during the last minute before his start signal."

When a boat starts under (b) of the definition of *Start*, it may return to the side behind the starting line to comply with case (a) of the definition of *Starting*, but if he fails to do so he will receive a score penalty under rule 44.3(c), without a hearing. This penalty will be an increase of **20% in the boat's corrected time and at least 2 places lower ranking**. His score will be abbreviated SCP ("Received Scoring Penalty") and cannot be worse than that for OCS.

1.3 In case of contradiction with the Notice of Race, the Sailing Instructions (Amendment RRS 63.7) shall prevail. In case of contradiction with the English text, the Greek text shall prevail.

1.4 The area of the race is also shown on the maps of the Navy Hydrographic Service 2 ,30,40,221NT3418,221/1,221/2,231/2 .

2. COMMUNICATION [DP] [NP]

2.1 During the race, communication with the Race Committee will be on **VHF channel 72**. It is mandatory for all participating boats to have continuous listening on this channel, at least one hour before the scheduled start of the race and for as long as they are racing, for any information or search & rescue instructions. This amends RRS 37.

2.2 It is mandatory, for safety reasons, that the mobile telephones listed on the boat's entry form be in continuous operation throughout the race.

2.3 Boats are required to contact the Race Committee and report their position 2 hours before the end of the time limit for finishing a race, if this limit is after 22:00. In case communication is not possible via VHF, it will be done via the Race Committee's telephones given in paragraph 18 of the Rules.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted on the official notice board (paragraph 3.2 of the Notice of Race) **by 09:00 on the** scheduled day of the race for which they will take effect. Any changes after this time, but always before the warning signal for each race, shall be announced at sea verbally by the Race Committee by communication on the VHF channel, in accordance with RRS 90.2(c).

4. SIGNALS ASHORE

4.1 Shore signals shall be displayed on the mast of the Race Committee's anchored boat, which shall have an orange flag with the letters 'RC' displayed.

4.2 The **L** signal, together with an audible signal, means "There is an announcement to the competitors".

4.3 When the **AP** badge is displayed in a stall, the phrase '1 minute' shall be replaced by the phrase '**not earlier than 60 minutes**'. This modifies the AP racing signal.



5. SAILING RACES - TURNING POINTS - SAILING RESTRICTIONS

5.1 Four (4) races are scheduled. Indicative maps are shown in Appendix A.

	ROUTE	DISTANCE	DAY	DATE	HOUR EXPLORATION
1	PREVEZA - KYTHROS ISLAND - SUNNY MEGANESIOS	43 N.M.	TUESDAY	05/08/2025	11:00
2	LYGIA LEFKADOS - ASTAKOS	27 N.M.	THURSDAY	07/08/2025	11:00
3	ASTACOS - MESOLOGGI	30 N.M.	SATURDAY	09/08/2025	11:00
4	MESOLOGGI - I.O.PATRAS	20 N.M.	SUNDAY	10/08/2025	11:00

5.2 In the 1st Race, there will be a crossing gate southeast of Kythros Island which will be defined by two yellow buoys and the committee will be in their extension on the site. Kythros Island will be left.

5.3 In Race 3rd the island of Oxia shall be left.

5.4 Turning point W1 at Porto Rio will be a yellow buoy and will be left on the right.

6. RACE STARTS

6.1 Starts will be given according to the following signal table. This modifies RRS rule 26. The start of each race will be common to all classes and categories. Indicative maps of the starts are shown in Appendix B.

LETTERS BEFORE THE START	VISUAL SIGNAL	SOUND SIGNAL	MEANS
5	Numerical sign "1"	One	Warning signal
4	Signal "P"	One	Preparatory signal
1	Suppression of the "P" signal	One long	Last minute
0	Suppression of the "1" signal	One	Start

6.2 Ten (10) minutes prior to the scheduled start, a yellow flag will be displayed on the Race Committee boat mast.

6.3 [DP][NP] Each boat intending to start shall sail close to the Race Committee boat and shall state her name and sail number by voice, up to five (5) minutes before the warning signal of the race. Boats that for a particularly serious reason have not been able to report to the Race Committee in time according to the above procedure shall inform the race communication channel that they are in the starting area and intend to start. The Race Committee may mark as DNC boats that do not comply with this paragraph.

6.4 A boat that does not start within **20 minutes** of the race start signal will be scored as DNS, without a hearing. This modifies RRS A5.1 and A5.2. The Race Committee may extend the above time limit at its discretion and this decision shall not be the basis for a request for reinstatement.

6.5 In the event of a Partial Recall (RRS 29.1), the Race Committee shall attempt to broadcast on the VHF channel the number

sail number and/or the name of the boats being recalled. Delay or failure of this transmission may not be grounds for a request for reinstatement, in modification of rule RRS 61.1(a).

6.6 Boats not participating in the race shall be kept clear of the starting area (RRS 23.1).

6.7 The Race Committee at its discretion may start two or more classes of boats together, displaying the marks of the classes with the warning signal. The starting lines may be moved to a point other than the one originally designated in accordance with paragraph 3.2 above, in the event of apnea or force majeure.

6.9 The minimum number of boats of a class required to be registered in the starting area in order to start a class is three (3) (RRS J.2 (26)). In the case where this number in a race is less than 3 boats but at least 3 boats have started in a previous race then the absent boats will be classified DNC in that race. Otherwise the participating boats will be included in another category according to their certificate.

Indicative maps of start-ups are presented in Annex B.



7. STARTING LINES

7.1 Starting line of the 1stst Race (Preveza)

The start will be in the sea area southwest of the entrance to the Preveza Channel.

The starting line shall be the imaginary line between a yellow buoy on the port side and a yellow flag on the Race Committee boat on the starboard side.

7.2 Starting line of the 2ndth Race (Lygia Lefkada)

The start will be in the wider sea area east of the port of Lygia.

The starting line is defined as the imaginary line between a yellow buoy on the port side and a yellow flag on the Race Committee boat on the starboard side.

7.3 Starting line of the 3rdrd Race (Lobster)

The start will be in the wider sea area southeast of the port of Astakos.

The starting line is defined as the imaginary line between a yellow buoy on the port side and a yellow flag on the Race Committee boat on the starboard side.

7.4 Starting line of the 4thth Race (Messolonghi)

The start will be in the wider sea area east of the exit of the Messolonghi channel.

The starting line is defined as the imaginary line between a yellow flag hung on a mast on the Race Committee boat at the port end and a yellow buoy at the starboard end.

7.5 The Race Committee may at its discretion move the start line of a race to a new location. This may not be grounds for a request for reinstatement in a modification of RRS 61.1(a).

7.6 Alternatively, if weather conditions or other reason do not allow the Race Committee boat to anchor at the planned starting area, then both ends of the starting line will be marked with yellow buoys. The Race Committee boat, displaying an orange flag with the "RC" mark on the mast, shall be positioned at one end of the start line and shall hold its position using its engine and this action shall not be the basis for a request for reinstatement.

8. TERMINATION LINES

8.1 Finish line of the 1stst Race (Meganissi)

The finish will be at the sea area east of the lighthouse at Cape Elias Meganissi.

The finish line is defined as the imaginary line between a yellow buoy with a yellow colour on the left-hand side and a yellow buoy with a red band on the right-hand side. The finish line shall be located at the western extension of the finish line in the area of the Cape Elias lighthouse and shall display a blue flag.

8.2 Finish line of the 2ndth Race (Astakos)

The finish will be in the sea area southeast of the jetty of the port of Astakos.

The finish line shall be defined as the imaginary line between a yellow buoy with a yellow colour on the port side and a yellow buoy with a red band on the starboard side. The finish line shall be located at the extension of the finish line at the jetty of the port of Astakos and shall display a blue flag.

8.3 Finish line of the 3rdth Race (Messolonghi)

The finish line will be at the sea area west of the entrance of the Messolonghi Channel.

The finish line shall be defined as the imaginary line between a yellow buoy with a red band on the left-hand edge and a yellow buoy with a red band on the right-hand edge. The finishing line shall be at the western extension of the finish line, in a boat (inflatable) and shall display a blue flag.

8.4 Finish line of the 4thth Race (Patras)

The finish line will be at the sea area in front of the Patras Sailing Club facilities.

The finish line shall be defined as the imaginary line between a yellow buoy with a red band on the left-hand edge and a yellow buoy with a red band on the right-hand edge. The finishing line shall be located at the premises of I.O. Patras, at the extension of the finishing line and shall display a blue flag.

8.5 In the absence of a red band on the finishing buoys, the ends of the finishing line will be defined by yellow buoys, with the finishing line facing the starting line of the race, or the last turn point if there is one. This shall not be grounds for a request for reinstatement, in a modification of RRS 61.1(a).

8.6 An effort shall be made to place a strobe light at the buoys marking the finish lines from sunset to sunrise. The absence or malfunction of such lights shall not be grounds for a request for reinstatement.

8.7 The Race Committee may, at its discretion, slow down a race by moving the finish line to a new location in accordance with RRS 32.2 as supplemented below. In the event of a speeding up the ends of the course



of the finish line shall be defined by a yellow buoy and a blue flag on the Race Committee boat, which shall also display the "S" mark.

8.8 Each finishing boat will be signaled by the Race Committee's finishing line with an acoustic signal. The first boat with a long beep. Any failure of the buzzer shall not be grounds for a request for reinstatement.

8.9 Finishing boats shall report to the Race Committee the sail number and name of the finishing boat. name of their boat, immediately after finishing. It is the responsibility of each boat to ensure that it has finished.

8.10. At the finishing positions, in case of absence of buoys due to force majeure, the imaginary finishing line shall be defined from the position of the blue flag on the mast as below, with a range of about 150 meters from this fixed point and in a direction approximately perpendicular to the course of the boats from the previous point. Any absence or malfunction of the flashing light or buoy shall not entitle the competitors to redress. In this case the Race Committee will endeavour to inform arriving boats of the potential problem via the VHF, on the race channel. If the Race Committee finish line staff is absent due to force majeure when a boat finishes, the boat shall report to the Race Committee the time of its finish and its position relative to other boats in the race at the first reasonable opportunity

9. TERMINATION TIME LIMITS

9.1 For all boats, paragraph 11.3 of the Notice of Race applies.

9.2 The finishing time of each participating boat for each race will be posted on the official notice board no later than **Monday 4 August 2025, 17:00.**

9.3 Any boat that fails to finish within the finish time limit of a race, as it has shall be scored as a DNF without a hearing. This changes RRS 35, A5.1 and A5.2.

9.4 In the event of an accelerated race, the finish time limits shall remain as calculated.

9.5 All times for the race are in Athens Observatory time.

10. RESULTS

10.1 The results will be calculated based on the actual distances of each race and according to paragraph 11 of the Notice of Race.

10.2 Provisional results will be issued at the end of each race. The final results will be issued after after any protests or requests for reinstatement have been heard. The results will be published on the official notice board.

11. PENALTY SYSTEM

11.1 A boat that may have violated one or more of the regulations in Part 2 of the RRS may incur a one (1) turn penalty. This modifies the first sentence of RRS rule 44.1.

11.2 Article 13 of the Special Provisions of the NRL/EIO applies for penalties that do not concern a violation of RRS rules, with the exception of RRS rules 45, 47, 77 and Appendix G.

11.3 [DP][NP] A boat that has performed a penalty, or been withdrawn under RRS rule 44.1(b), or violated a rule stated in the Notice of Race or Sailing Instructions, shall complete a "Statement of Non-Compliance" on <https://www.racingrulesofsailing.org/documents/11861/event> or on the special form available from the Race Committee, within the time limit for filing protests.

12. OBJECTIONS - REQUESTS FOR REINSTATEMENT

12.1 Objections and requests for reinstatement shall be submitted on the website <https://www.racingrulesofsailing.org/documents/11861/event>, or on the special form available from the Competition Committee.

12.2 A boat that has made an objection against another boat and intends to lodge such an objection must report this to the finishing step after finishing.

12.3 For incidents observed in the racing area, the time limit for lodging protests **shall be two hours.** after the finish of the last boat in the last race of the day or after the display of the "AP over A" or "N over A" signal. Otherwise RRS 60.3 applies.

12.4 Requests for reinstatement concerning the calculation of provisional or final results may be made up to **one (1) hour** after the official announcement. This modifies RRS rule 61.2(b)(3).

12.5 Designated boat representatives will be notified in a timely manner by the Protest Committee of the exact date, time, and venue of the hearing.

12.6 Any requests for reinstatement must be filed in accordance with RRS 61; be in writing and specify the reason for the request (RRS 61.2(a)). Where provisional results are announced after



the expiry of the time limit for filing protests then a vessel may file a request for redress for these results no later than one hour after their formal announcement in an amendment to RRS 61.2. b.

12.7 The content of Articles 2, 12, 13, 15, 19, 21, 23, 25, 29 & 30 may not be the basis for an objection or request for reinstatement by a competitor.

13. ENGINE IMMOBILISATION [DP]

13.1 The engines of competing boats shall not be operated after the preparatory signal of the race (4-minute).

13.2 Any use of an engine to propel the boat, after the above limit, must be reported to the Race Committee in accordance with the procedure of **paragraph 11.3** of the Sailing Instructions, with reference to the start and stop of the engine, the position of the boat each time and the reason for the use of the engine. To release a boat after grounding or collision with a boat or object provided that the boat will not gain a significant advantage in the race, it may use its engine in accordance with RRS 42.3.(h) & 42.3.(i).

14. ABANDONING THE RACE [DP]

14.1 Boats that for any reason and at any point of the race abandon the race, must notify the Race Committee as soon as possible on the VHF channel or on the Race Committee's telephone numbers

14.2 A boat abandoning a race shall fly its national flag (Special Provisions of the ATH/EIO).

15. NIGHT NAVIGATION [DP]

From sunset to sunrise the International Regulations for Preventing Collisions at Sea supersede the regulations in Part 2 of the RRS. During this period of time vessels shall keep the lights required by the "International Regulations for Preventing Collisions at Sea" positioned so that they are not covered by the sails of the vessel. This also applies in the event of poor visibility due to weather conditions. (RRS Preamble Part 2).

16. RACE COMMITTEE OFFICES

Preveza: In a hall of the marina where the boats will be docked. **Lefkada:** At the Lefkada Yacht Club in the D-Marin Lefkas Marina. **Astakos:** At the port of Astakos.

Messolonghi: At Messolonghi Naval Club.

Patras: At the Patras Sailing Club in Terpsithea Marina.

17. ORGANIZING BOATS.

17.1 The boats of the committees will fly an orange flag with the letters "RC". Failure to display the above flag shall not be grounds for a request for reinstatement, in an amendment to RRS 61.1(a). The boats to be used are:

Sailboat "Patreas" (Start) N.P.509 Captain Takis Rountos, tel. 6977070086 Sailboat

"Simba". (Auxiliary) S.P. 1742 Captain Efthimios Boundas, tel 6972786209

Inflatable boat "Aura" (Terminations) T.P. 1225 Skipper Alexandros Papaevangelou, tel.6982801351

17.2 Boats used by the press, photographers, VIP etc. are not under the jurisdiction of the Organizing Authority. Any of their actions cannot be grounds for a request for reinstatement, in modification of rule RRS 61.1(a).

18. COMMITTEES

18.1 A Protest Committee will be appointed for the race, in accordance with Appendix N of the RRS regulations (RRS, Appendix N). Its decisions will not be final and competitors will have a right of appeal in accordance with RRS 70.3(a).

18.2 For the purposes of Rule 64.3 of the RRS the delegated authority is the National Judge Konstantinos Chantilis. The authorisation is exclusive.



COMPETITION COMMITTEE

Chairman: Panagiotis Rountos (6977070086)
Members: Spyros Batistatos (Εκκίνηση)
Niki Rudou (Εκκίνηση) (6971876412)

Vassilis Kalogeropoulos (Finish)
Alexandros Papaevangelou
(Finish) (6982801351)

Results: Konstantinos Stamatis
Secretariat: Athena Papla (6973789050)

OBJECTIONS COMMITTEE

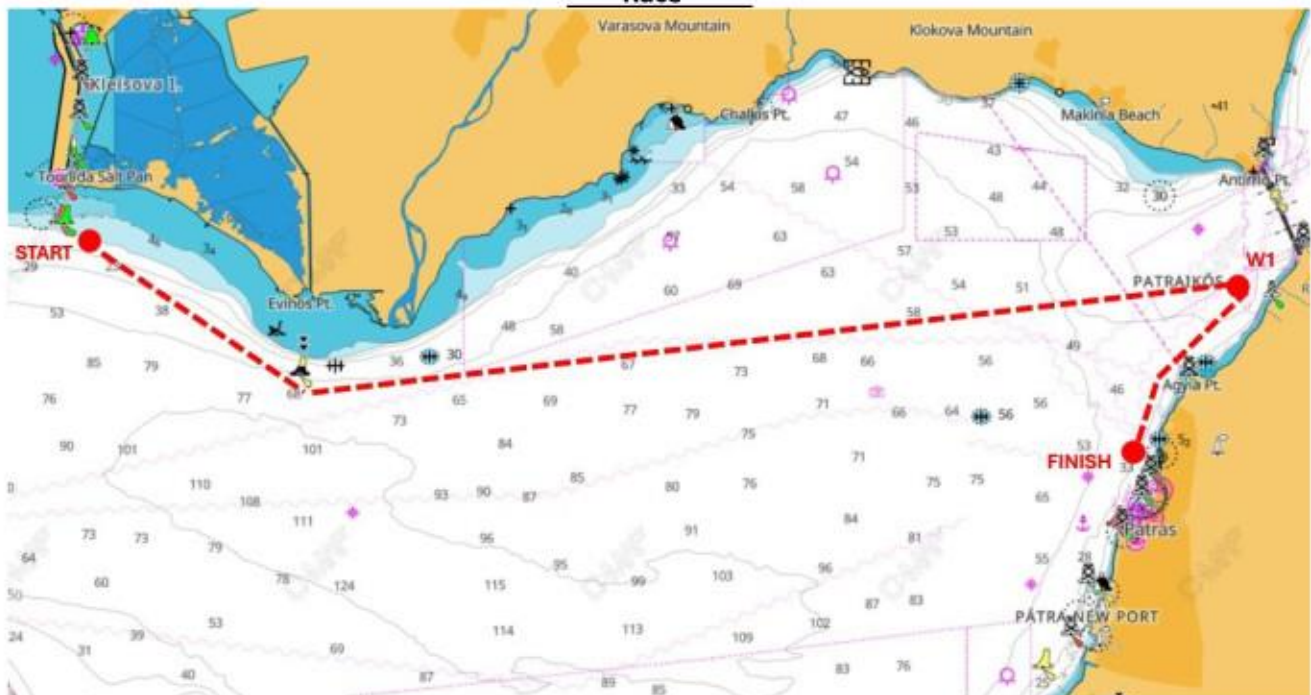
Chairperson: Christos Theodosis
Members: Marios Zisimatos
Aristotle Kalogeropoulos
Nikolaos Panageas



TECHNICAL COMMITTEE

Chairman: Philip Corbett (6973035633)
Members: Antonis Barbettas
Aristides Simakis
George Barber
Charalambos Stamatelos

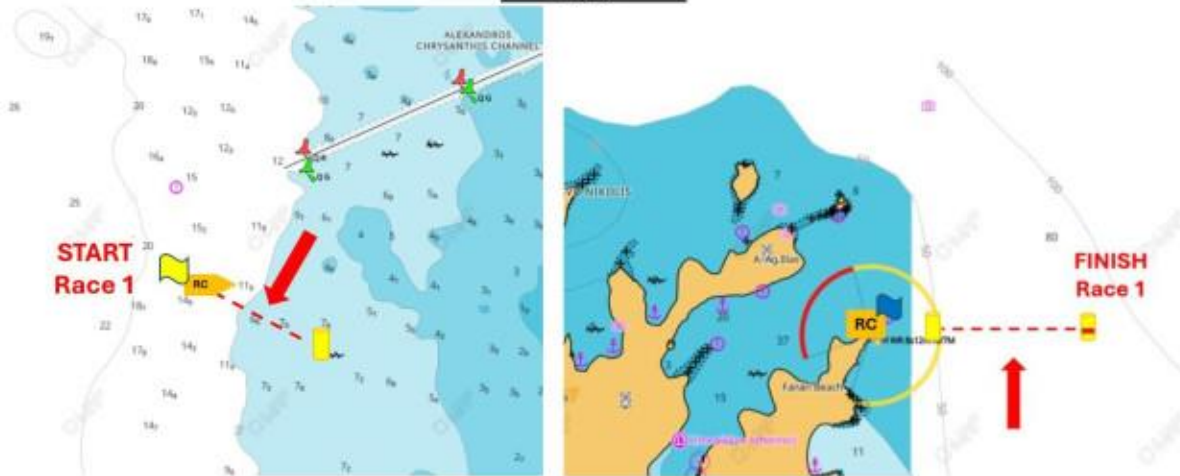




ANNEX B

Indicative layouts, are not charts and should not be used for navigation.

Race 1



Race 2





Race 3



Race 4

